

POSTERIOR MUSCLE ORIGIN & INSERTION (PRACTISE QUIZ)

B. J. Piccolo, NCTMB

- | | |
|----------------------|---|
| 1) Vastus Lateralis | A. O: Posterior condyles of the femur.
I: Calcaneus via calcaneal tendon. |
| 2) Triceps Brachii | B. O: Anterior surface of sacrum.
I: Greater trochanter. |
| 3) Semitendinosus | C. O: Infraglenoid tubercle of scapula.
Posterior surface of proximal half of humerus.
Posterior surface of distal half of humerus.
I: Olecranon process of ulna. |
| 4) Peroneus Longus | D. O: Transverse processes of first through fourth cervical vertebrae.
I: Medial border and superior angle of scapula. |
| 5) Gastrocnemius | E. O: Spinous processes of last six thoracic vertebrae, last three or four ribs, thoracolumbar aponeurosis, and posterior iliac crest.
I: Crest of the lesser tubercle of the humerus. |
| 6) Levator Scapula | F. O: Ischial tuberosity.
I: Proximal, medial shaft of the tibia at <i>pes anserinus</i> tendon. |
| 7) Anterior Serratus | G. O: Ischial tuberosity and (short head) lateral lip of linea aspera.
I: Head of the fibula. |
| 8) Latissimus Dorsi | H. O: Surfaces of upper eight or nine ribs.
I: Anterior surface of medial border of scapula. |
| 9) Biceps Femoris | I. O: Proximal two-thirds of lateral fibula.
I: Base of the first metatarsal, medial cuneiform. |
| 10) Piriformis | J. O: Lateral lip of linea aspera, gluteal tuberosity.
I: Tibial Tuberosity. |