

ANTERIOR MUSCLE ORIGIN & INSERTION (PRACTISE QUIZ)

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1) Tibialis Anterior

A. O: Anterior superior iliac spine (ASIS)

I: Proximal, medial shaft of the tibia, Pes anserinus tendon.

2) Extensor Hallucis Longus

B. O: Cartilage of fifth, sixth, and seventh ribs, and xiphoid process.

I: Pubic crest, pubic symphysis.

3) Biceps Brachii

C. O: Common extensor tendon from lateral epicondyle of humerus.

I: Middle and distal phalanges of second through fifth fingers.

4) Triceps

D. O: Lateral condyle of tibia, proximal lateral surface of tibia, interosseous membrane.

I: Medial cuneiform, base of the first metatarsal.

5) Rectus Abdominis

6) Extension Digitorum

E. O: Lateral supracondylar ridge of humerus.

I: Styloid process of radius.

7) Rectus Femoris

F. O: Middle anterior surface of fibula, interosseous membrane.

I: Distal phalanx of the first toe.

8) Abductor Hallucis

G. O: Calcaneus (plantar side), medial sesamoid bone.

I: Proximal phalange on the first toe (media side).

9) Brachioradialis

H. O: Coracoid process of scapula. Supraglenoid tubercle of scapula.

I: Tuberosity of radius and aponeurosis of the biceps brachii.

10) Sartorius

I. O: Anterior inferior iliac spine.

I: Tibial Tuberosity.

J. O: Infraglenoid tubercle of scapula. Posterior surface of proximal half of humerus. Posterior surface of distal half of humerus.

I: Olecranon process of ulna.